



## **Request for Carer Involvement**

### **What is the project title?**

Developing a Nottingham and Nottinghamshire wide co-produced Anticipatory Care Framework with people with lived experience.

### **What are the objectives of the project?**

Anticipatory Care is part of the NHS Long Term Plan that aims to provide proactive and personalised health and care for a targeted subset of individuals living with multiple long-term conditions including frailty who could benefit most, delivered through person centred care and multidisciplinary teams (MDTs) in local communities.

The care model aims to optimise use of the health and care system for individuals with multiple long-term conditions by intervening proactively and holistically while the patient is at home. This should reduce avoidable use of unplanned care and avoidable exacerbations of ill health. Enabling to live healthier, happier and independent lives at home.

### **What tasks would you like carers (and/or cared-for people) to help with?**

We are really keen on writing a version of the [national framework \(explanation of the model on pages 11-15\)](#) that speaks to our local population and their needs rather than an 'NHS framework'. We want it to be in a language that has been co-produced with frail older people and their carers. Also there is an [NHSEI coproduced Framework slide deck](#) that we would also like to test with our local population too.

### **How long will the project take?**

Ideally, we would like to write the framework by 7<sup>th</sup> November 2022, even if this is in draft we would like a version to be able to share with our partners.

### **How can people get involved?**

Any questions about the project and ask please can contact [sarah.wilford3@nhs.net](mailto:sarah.wilford3@nhs.net) and people who are interested in being part of developing the co-produced version of the AC Framework please contact myself and [emily.reddish@nhs.net](mailto:emily.reddish@nhs.net)